



Dear Parents and Carers,

This week, our Ducklings have been so confident coming into nursery, and we are very proud of each and every one of them.

We have been learning all about "Me", and the children have really enjoyed joining in with "Head, Shoulders, Knees and Toes", pointing to and naming different parts of their bodies. They also loved looking at their family photos and talking about the people who are special to them. (Please could you send in a family photo if you haven't already.) We have been practising our cutting skills, and the children had fun exploring and tasting different fruits and vegetables. It has been lovely to see their confidence and curiosity grow throughout the week.

Next week:

Topic: Shapes and Colours Are All Around Us.

Communication and language - Talking about different colours and shapes, exploring how two colours can mix to make a new colour, and learning about different shapes and sizes.

Gross motor - Balancing on the wooden log in the garden and practising walking while looking forwards.

Fine motor - Practising cutting fruit and vegetables and using playdough to make different shapes and sizes.

Art - Mixing different colours together to create new colours and exploring colour mixing through creative activities.

Snack - apples & ricecakes, cucumbers & satsumas, peppers & bananas, pears & broccoli, raisins & apples.

Notices:

We have introduced a very special member of our Duckling family, Spencer the Bear! Each week, one Duckling will be chosen as Star of the Week and will get to take Spencer home for the weekend with his clothes and special book. Spencer has been with Mrs. Murray for 30 years and every Duckling will have a chance to take him home and share their special weekend adventures with us.

Gentle reminder! Weekend News will be shared every Monday. The children love talking about their weekend with everyone, so please make sure to upload it by Sunday so it's ready for us to look at on Monday.

Tiny Yogis Club is a yoga class founded by Noemi Staehelin-Tay, whose daughters both attend(ed) Miss Delaney's (Theodora is currently in Ducklings). She's been practising yoga for almost 20 years (is a certified teacher) and, because yoga has had such a profound impact on her life, she wanted to introduce this beautiful practice to children from an early age. It's a yoga class offered

to 4-6 year olds (with some flexibility on either side), currently taking place on Wednesdays @Wellness 360 W11. The idea is simple; animal poses, breathing games and stillness through story and play in small groups. You can find more information and book via Noemi's website: <https://tinyyogisclub.com>. Book your trial class at a 50% discount with code **tiny50** or reach out to her directly via noemi@tinyyogisclub.com. The next class takes place on Wednesday 30th September and then weekly during term times.

Wishing you a lovely weekend!

Miss Bayan, Miss Nazia and Miss Karen