



Friday 25th September 2026

Dear Parents and Carers,

This week has been full of fun, learning and adventure! The children have enjoyed counting, favourite stories and exciting Forest School adventures, from collecting leaves and building forts to playing hide and seek.

Next Week: My Body & Autumn Around Us

Next week, we will be learning about our bodies and the changes we can see in autumn. The children will use their senses to explore the colours, textures, sounds and smells of the season.

PSED:

Our word of the week will be "kindness". We will explore what it means to be kind, while the children practise sharing, taking turns, helping their friends and using kind words.

Literacy:

We'll enjoy Room on the Broom, We're Going on a Leaf Hunt and From Head to Toe, listening for rhyming words and rhythm as we share the stories. The children will also revisit the initial sounds s, a, t, p and i through songs, actions and playful activities.

Maths:

We will explore size, height, length, weight and capacity through hands-on activities. Children will compare objects and discover which are taller, shorter, heavier, lighter, fuller or emptier. We will also have fun counting together to 20.

Understanding the World:

The children will talk about how we can look after our bodies by eating healthy foods, moving our bodies, getting plenty of rest and keeping clean. The children will chat about how these things help us to feel happy, healthy and ready to play and learn.

Arts & Crafts:

Children will get creative by making a leafy hedgehog using autumn leaves, exploring different textures, colours and patterns.

Show & Tell:

Please bring in something beginning with the 's' sound for your child to talk about on Wednesday. You could also go on an 's' sound hunt on your way to school and see how many things you can spot!

Snack:

Monday: apples and rice cakes,
Tuesday: cucumbers and satsumas,
Wednesday: peppers and bananas,
Thursday: pears and broccoli,
Friday: raisins and apples

Notices:

Tiny Yogis Club is a yoga class founded by Noemi Staehelin-Tay, whose daughters both attend(ed) Miss Delaney's (Theodora is currently in Ducklings). She's been practicing yoga for almost 20 years (and is a certified teacher) and, because yoga has had such a profound impact on her life, she wanted to introduce this beautiful practice to children from an early age. It's a yoga class offered to 4-6-year-olds (with some flexibility on either side), currently taking place on Wednesdays @Wellness 360 W11. The idea is simple; animal poses, breathing games and stillness through story and play in small groups. You can find more information and book via Noemi's website: <https://tinyyogisclub.com>. Book your trial class at a 50% discount with code **tiny50** or reach out to her directly via noemi@tinyyogisclub.com. The next class takes place on Wednesday 30th September and then weekly during term times.

Wishing you all a lovely weekend!

Miss Zara and Miss Louise